

Covid-safe Policies

Keeping our students and coaches safe.



DO NOT ATTEND IF YOU ARE UNWELL

You must stay home if you feel unwell and will be sent home if you attend class with symptoms (Fever, Cough, Sore throat, Shortness of breath, Fatigue).



REGULAR CLEANING

Surfaces will be cleaned and disinfected regularly. A minimum of 15 minutes must be scheduled between sessions to avoid congestion and for cleaning.



RECORD ATTENDANCE

A record of attendance will be kept for all classes for contact tracing.



NO SHARING

No sharing of food & drinks. Girls must bring their own food for snack break and a drink bottle. Cups from the kitchen will not be available.



HAND SANITISER

Alcohol based hand sanitiser will be available and must be used before, during and after classes.



FACE COVERINGS

Will no longer be required inside, however please still carry it with you and if you feel you cannot keep your 1.5 distance, please pop it on.



SOCIAL DISTANCING

Maintain 1.5 metres physical distancing from others at all times. Physical contact should be limited.



NO CHANGING OR SHARING CLOTHES

Please arrive dressed for class and no sharing clothes, including aesthetics skirts.



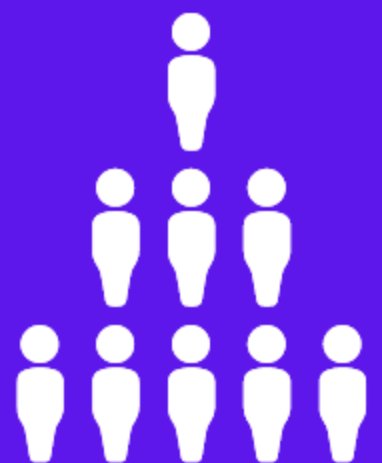
NO SHARED EQUIPMENT

Clubs, rods, drink bottles and other equipment must not be shared. Shared equipment that touches the head, face or hands must be cleaned between users.



LIMITED PATRONS

All students and coaches will have 4 sq metre per person applied.



NO SPECTATORS

Parents and guardians are NOT to remain at class, or they will be included in the density limit. Office seating area will be closed.



Covid normal - Feb 1st, 2021

For any queries please contact us at berwickcalisthenics@live.com.au

To view the full policy head to our website www.berwickcalisthenics.com.au/clubpolicies